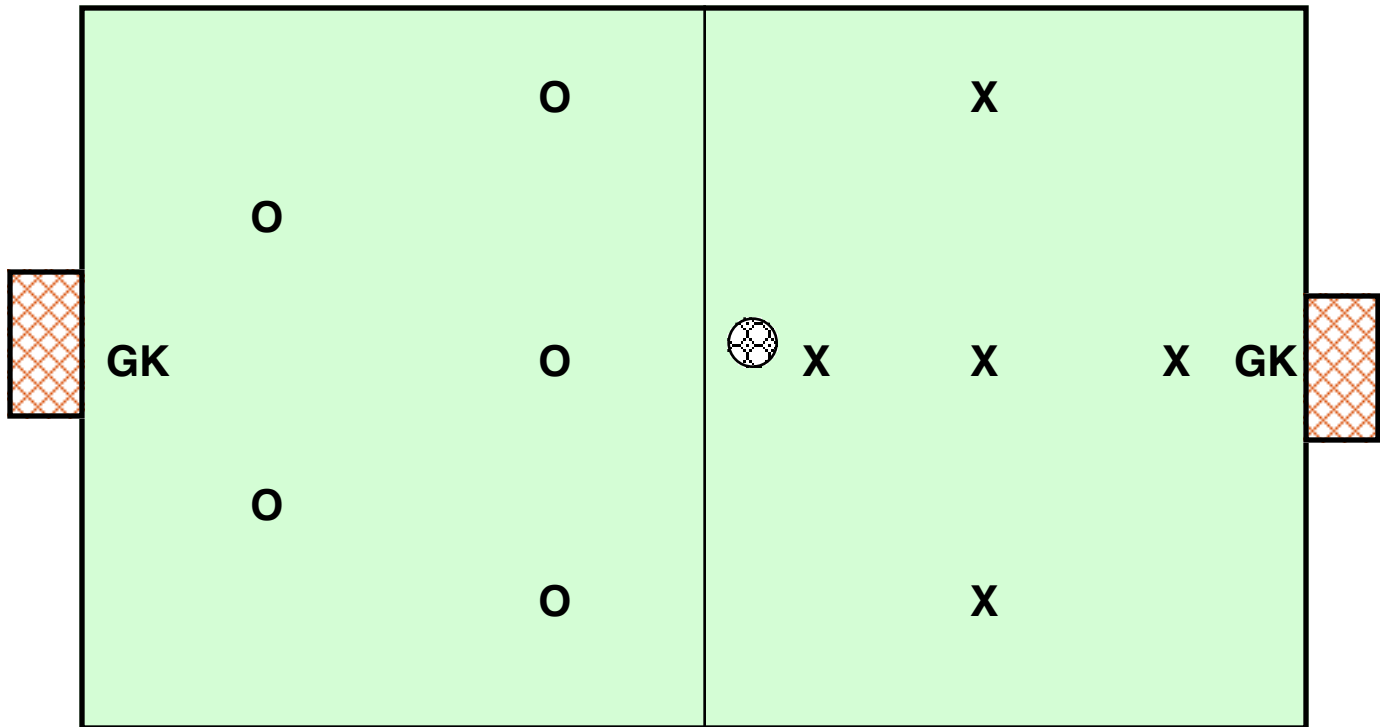


TACTICS: Transition

"6v6 w/Midline"

This game is designed to teach finishing and defending in a small-sided situation



FIELD SIZE: 60 yards long (with a midfield/center line) x 50 yards wide

NO. OF PLAYERS: 2 teams of 6 -- 5 field players in formation (above, a 2-3 vs. 1-3-1) and 1 Goalkeeper

GAME:

- > Teams play a regular (directional) scrimmage
- > All 5 players on attacking team must be in attacking zone (over the midline) for a goal to count; this works on transition as well as attacking and defending

COACHING POINTS:

- > Small-sided play is a good way to teach various attacking and defending principles
- > By playing this game with formations, players learn positional responsibilities
- > Emphasize flank play -- crossing
- > Emphasize defenders moving into the attack
- > Emphasize transitional play