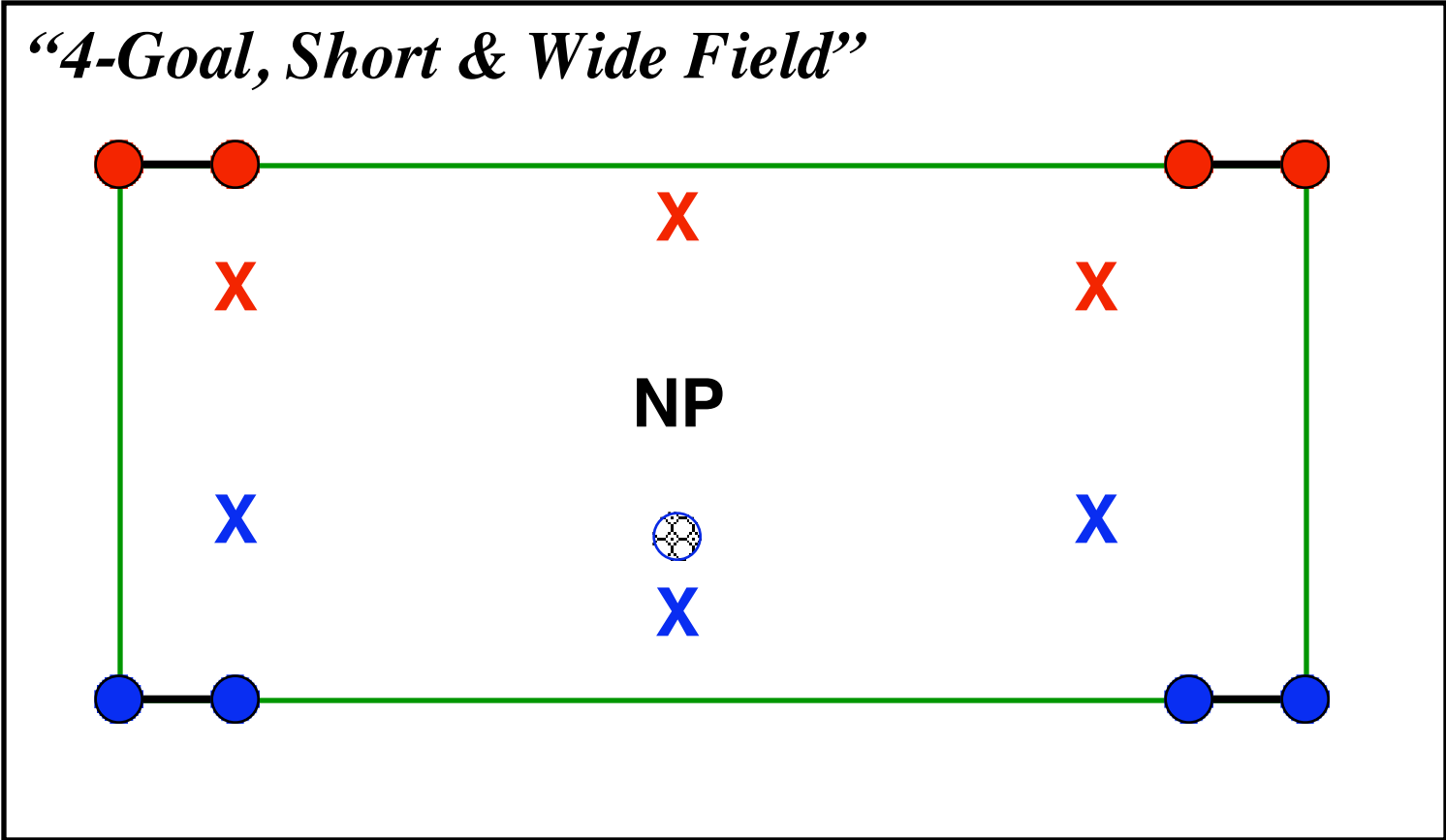


TACTICS: “Switching of Fields”

“4-Goal, Short & Wide Field”



GRID SIZE: 40 yards wide x 15 yards long with two goals (3-4 yards wide) on each endline

TEAMS/NUMBER OF PLAYERS: 3v3 with one Neutral Player (NP)

GAME: Regular scrimmage

COACHING POINTS:

1. Decision-Making -- emphasize not forcing ball to one side or the other, thus, offering “switch of field” opportunity
2. Use of Neutral Player always gives team in possession a one-man advantage

GAME VARIATIONS:

- > add Neutral Players on each sideline to further emphasize switch of fields
- > add Neutral Players off each endline to help in attack