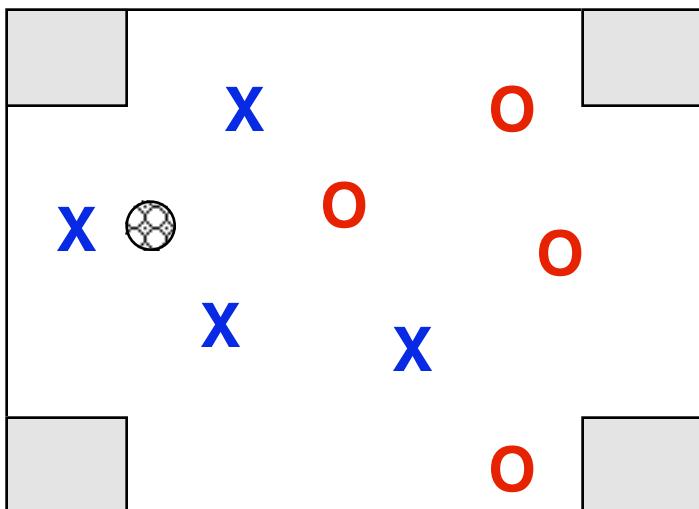


TACTICS: Possession Games

The following progression series of games are designed to teach ball control & possession.



GAME #1

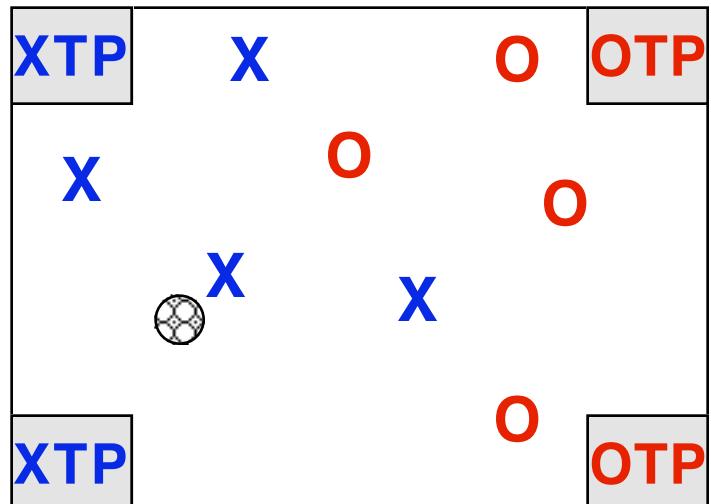
"Four-Goal Possession"

- > 2 teams
- > 4 box-goal areas (shaded in diagram) approx. 5-8 yards x 5-8 yards
- > Drill Start: 2 teams play to any of the 4 goals -- players must get the ball into the goal area under control via dribbling or by passing to a teammate
- > Drill Progression: the 2 teams defend 2 of the 4 goals and attack the other two so that now the game is directional

GAME #2

"Four-Goal Possession w/ Targets"

- > 2 teams
- > 4 box-goal areas (shaded in diagram) approx. 5-8 yards x 5-8 yards
- > Drill: directional game as teams defend 2 of the 4 goals and attack the other two
 - each team places a "Target Player" (TP) into a goal area
 - teams "free" their target player by passing the ball into the goal area
 - the target player must control the ball to be freed
 - player who passes ball into goal area becomes the target player



GAME #3

"Endzone Game w/ Targets"

- > 2 teams and now run cones across the field to form 2 end zones
- > 2 target players from each team in an endzone
- > target players can move about inside the endzone
- > Game: teams must try to free both target players -- once both target players are freed, that team now attempts to get the ball into that same endzone via dribbling or by passing to a teammate, under control (similar scoring to first game)

