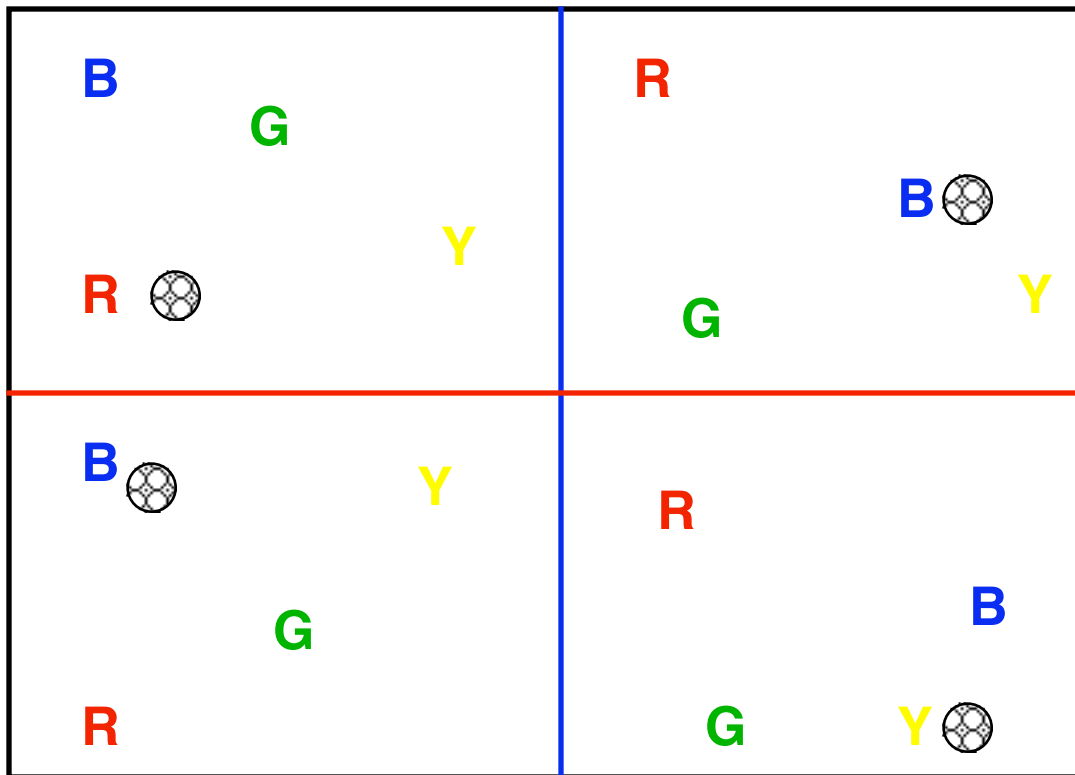


## TACTICAL: Possession/Defending



## “Keepaway” Session



GRID SIZE: One large main grid at 40 yards x 40 yards, divided into four equal 20 x 20 yard grids

NUMBER OF PLAYERS: 16 @ four (4) teams of four (4), each team with a different colored pinnie (in above diagram, the 4 teams are: Blue (B), Green (G), Red (R) and Yellow (Y)).

- SESSION #1: One team serves as Defender in each of the four grids. Example above, Team Green players are the defenders in a 3v1 game. Each team serves as the lone defender.
- SESSION #2: Combine two teams and two teams to form two teams! Remove either centered line to form two grids of 40x20 and play two games of 4v4.
- SESSION #3: Remove the dividing line and play 8v8 in the 40x40 grid.