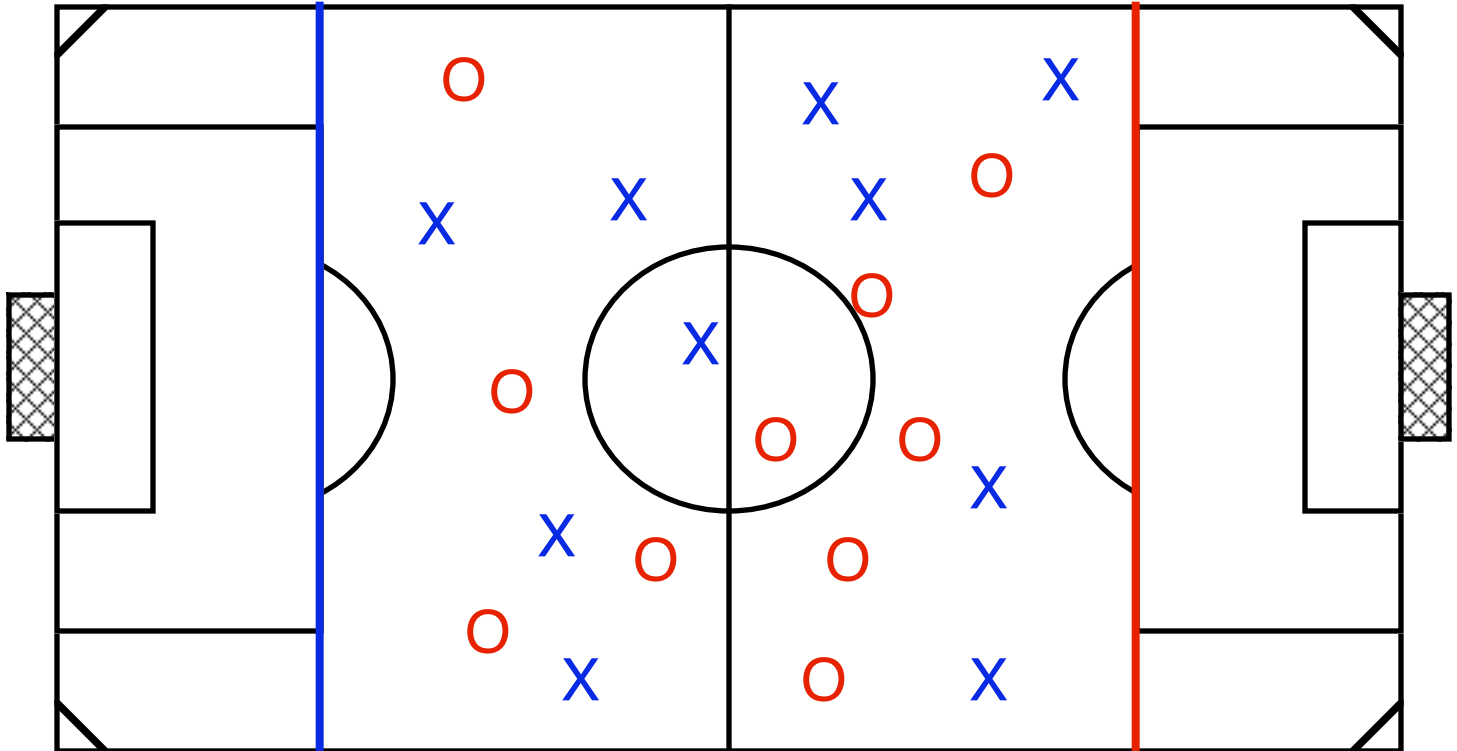


TACTICS: Possession

"18 To 18"



NUMBER OF PLAYERS: two (2) teams of 10 players

GRID SIZE: Full field, endlines are the 18-yard box lines extended to each sideline

GAME:

- > Teams play "Line Soccer"
- > **Players are restricted to 2-touch**
- > Score by getting ball, under possession over one of the endlines
- > Score by dribbling over line
- > Score by passing to teammate making a run over the line --
 Players are not allowed to be stationary over the endline, they must be moving toward line while receiving pass
- > In the diagram above, Blue Team "X" is defending the Blue Line, while Red Team "O" defends the Red Line

Variations:

- for younger teams, go with a 3-touch restriction
- progress from 3-touch to 2-touch to 1-touch

Coaching Point(s):

- > Attacking Principles of penetration, support-depth, support-width, mobility
- > Defending Principles of support, balance, concentration