

TACTICS: Match Prep

"21"

This drill is designed to teach dribbling, passing & receiving, and decision making.

GRID SIZE:

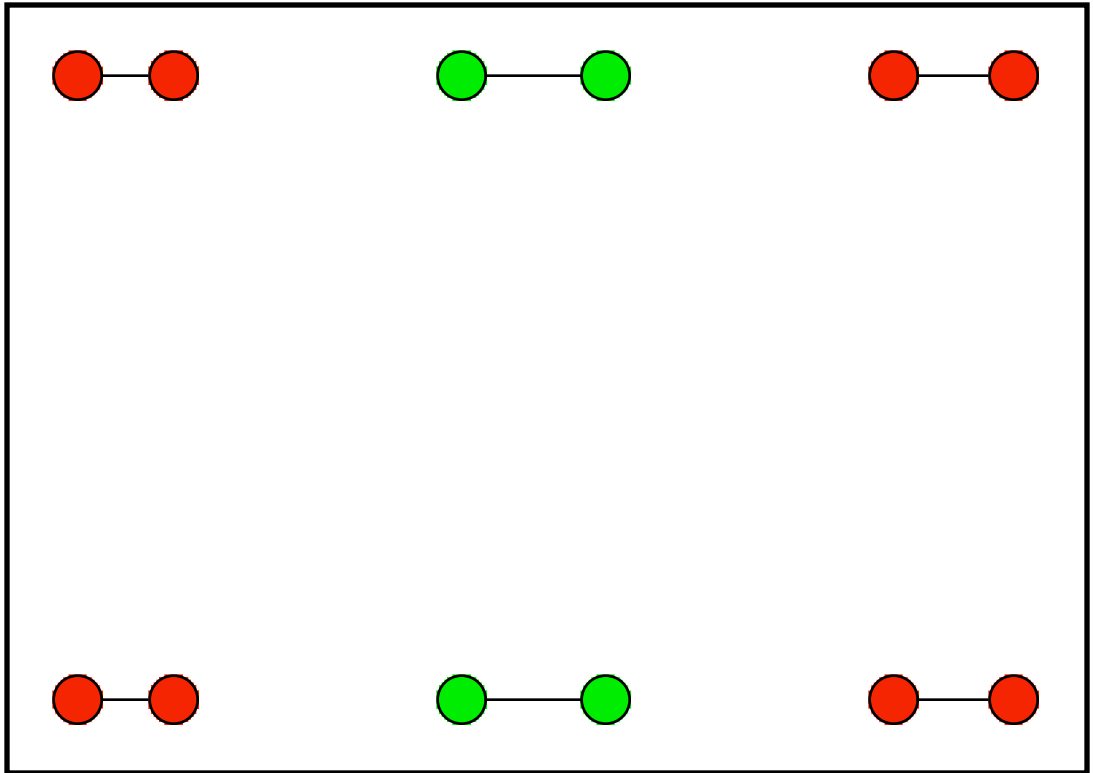
50 yards long x
60 yards wide

NO. of PLAYERS:

2 Teams of 4-9
players

GOALS:

6 -- 3 cone goals
on each endline
approx. 3-4 yards
in width



GAME PLAY:

> Two teams play a regular scrimmage game, attempting to score by dribbling, passing or shooting through any of the three goals

SCORING SYSTEM:

- > SHOOTING through the red goals = 1 point
- > SHOOTING through the green goals = 2 points
- > DRIBBLING through the red goals = 3 points
- > DRIBBLING through the green goals = 4 points

GAME OBJECTIVE:

> teams must score exactly "21" points

VARIATIONS:

> games can be played to any winning number from 5 to 21