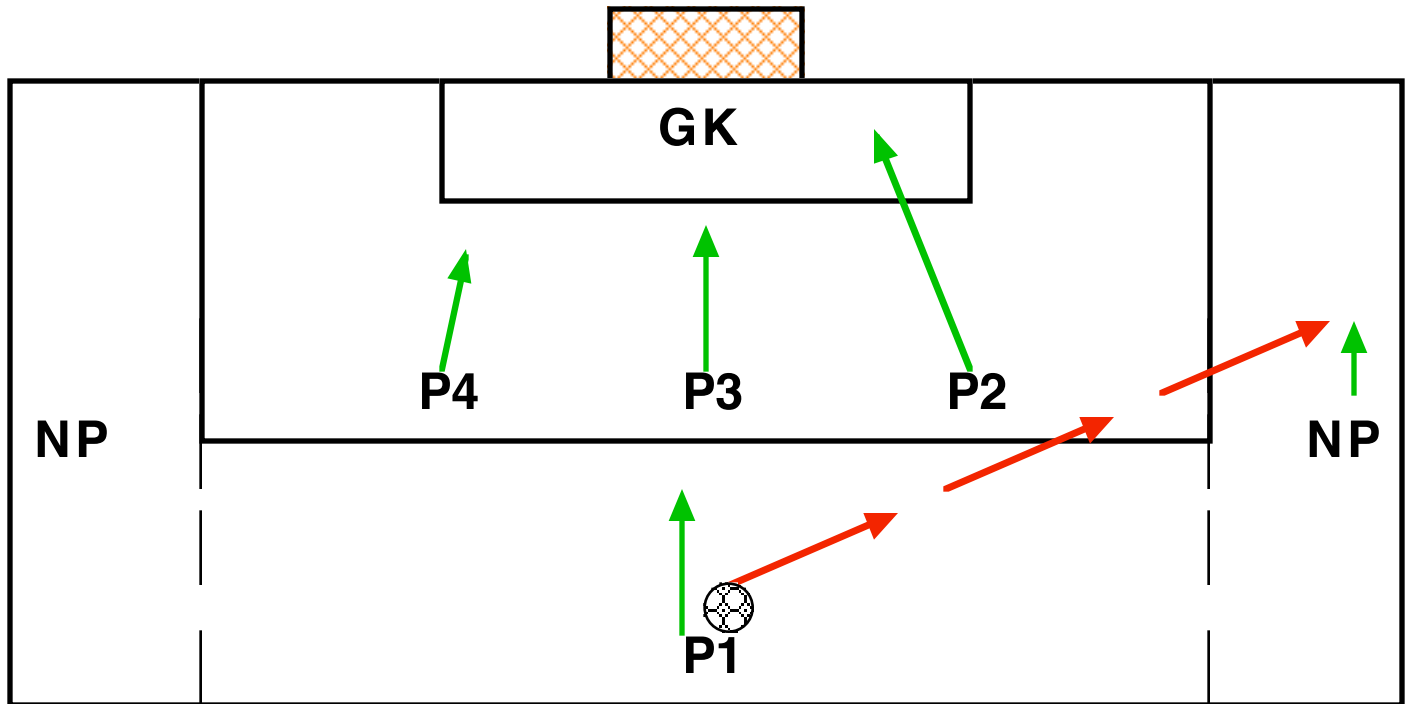


# Tactics: Finishing

## "4+1 vs. Goalkeeper"



**GRID SIZE:** Regulation field, with interior grid of 44 yards wide x 30 yards long

**NO. OF PLAYERS:** 7 -- 6 Attackers (3 inside 18 box, 1 at top of box, 2 Neutral Players on flanks), versus 1 Goalkeeper

**DRILL:**

- > Player 1 starts game by passing down flank to either of the Neutral Players
- > 3 Players inside 18 box attack/frame goal
- > Player 1 moves to top of 18 box
- > Neutral Player crosses into box

**GAME:**

- > Limit touches of Neutral Players (no more than 3)
- > Limit touches of players inside 18 box (no more than 2)
- > Divide players into 2 teams and have timed competition: how many goals can be scored in a certain amount of time

**PROGRESSION:**

- > add 1 Defender inside 18 box
- > add another Defender who attacks flank/Neutral Player
- > add another Defender for a 2v3 inside the 18 box