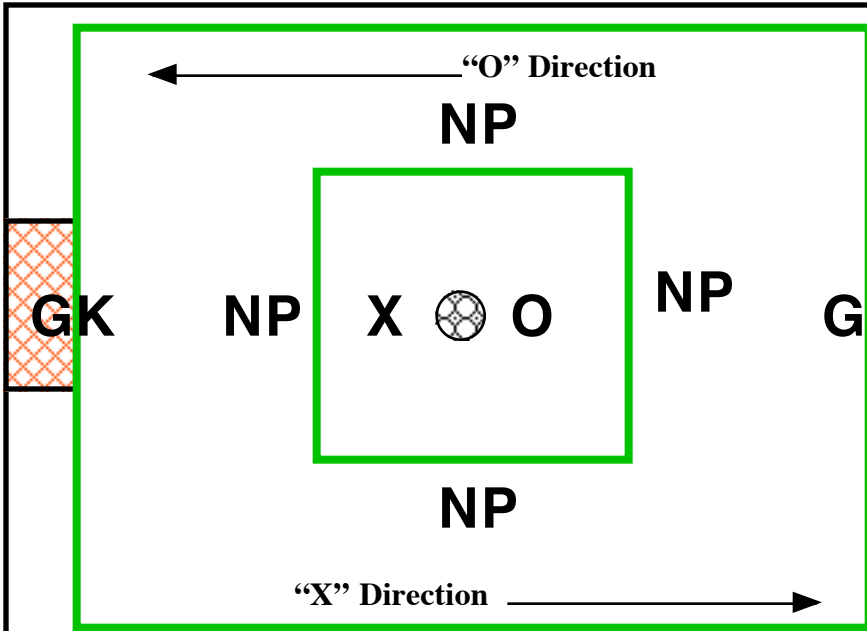


TACTICAL: Combo Play To Goal



“1v1+4 To Goal”

Main Grid:

45 yards long x 35 yards long
Center Grid: 15 yards x 15 yards

No. of Players: Squad

Setup: 1v1 inside center grid with 4 Neutral Players off each sideline and endline

Game: Players battle 1v1 to goal using Neutral Players

Restrictions: Neutral Players off sidelines are restricted to 2-touch return pass
Neutral Players off endlines are restricted to a 1-touch layoff for shot

Game Ends when goal is scored or defending player gets ball back into center grid

“2v2 > 3v1 To Goal”

Main Grid:

45 yards long x 35 yards long
Center Grid: 15 yards x 15 yards

No. of Players: Squad

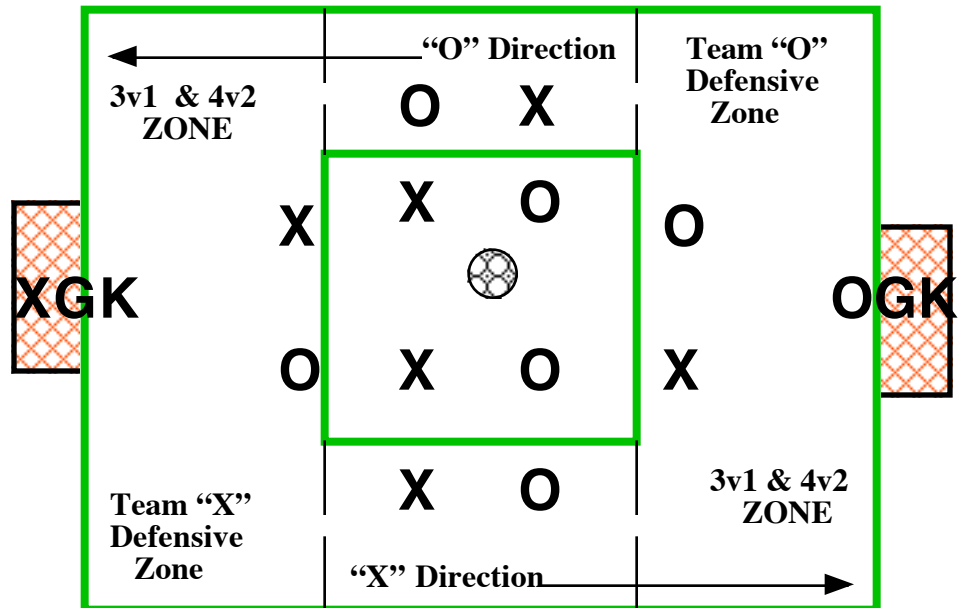
Setup: 2 Teams playing

2v2 inside center grid with each team having 4 Neutral Players off each sideline and endline

Game: Players battle 2v2 to goal using their Neutral Players; object is to get ball into opposing team’s defensive zone to create a 3v1

Restrictions: Neutral Players off sidelines are restricted to 2-touch return pass
Neutral Players inside 3v1 & 3v2 Zone play with teammate to create a 3v1 against the opposing team’s Neutral Player

Game Ends when goal is scored or defending players get ball back into center grid



“4v4 > 4v2 To Goal”

Setup: Take out center grid and form three zones; 4 players from each team in middle zone; each team puts 2 players in own defensive zone

Game: 4v4 trying to create a 4v2 in opposing team’s defensive zone

Game Ends when goal is scored or defending players get ball back into middle zone