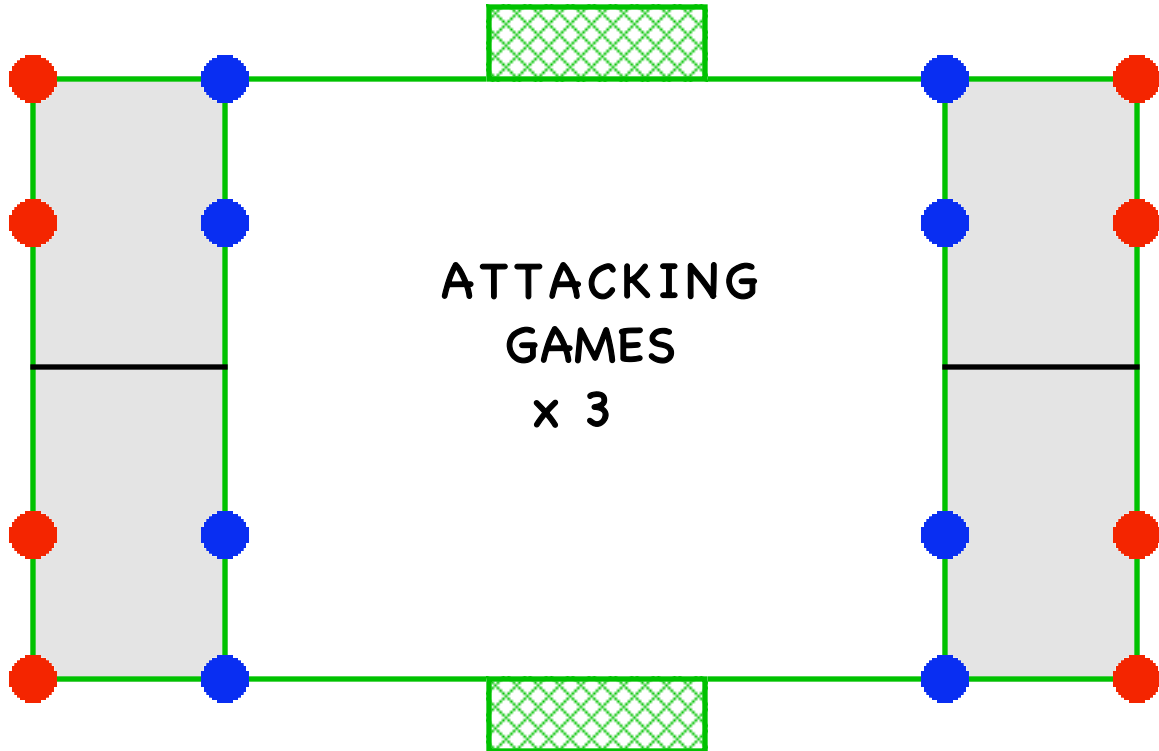


The following session involves 3 progressive games to teach attacking sc



### GRID SETUP

- > Total grid size is 60 yards wide x 50 yards long
- > Form 2 “neutral zone” (shaded areas in diagram) that are 10 yards wide x 50 yards long
- > At each corner of the grid, using cones, form a 10 yard x 10 yard box
- > Two regulation goals

**NUMBER OF PLAYERS:** 18 -- two teams of 9 (8 with a goalkeeper)

### GAME #1: “4-GOAL POSSESSION”

- > 2 teams attempt to get ball into one of the four corner boxes to score
- > Players can dribble into or pass to a teammate inside the box
- > Player must be in control of the ball inside the box
- > Can be played directional, with each team defending 2 boxes or non-directional, teams can score in any of the 4 corner goals

### GAME #2: “PLAY TO TARGETS”

- > Remove the interior cones (blue circles)
- > Play is directional going across grid
- > Each places a player between one of the 4-red cone goals
- > Object is to pass ball to target player but pass has to be made from outside the neutral zone
- > Player who makes pass to teammate/target becomes the target player, target player moves to field

### GAME #3: “TARGET-PLAYER CROSS”

- > Remove red cones
- > Teams play directional, goal to goal
- > Each team places one player in each of the two neutral zones, in the half closest to the opposing goal
- > Object is to get ball to player in neutral zone for a cross
- > Defenders are not allowed in the neutral zone