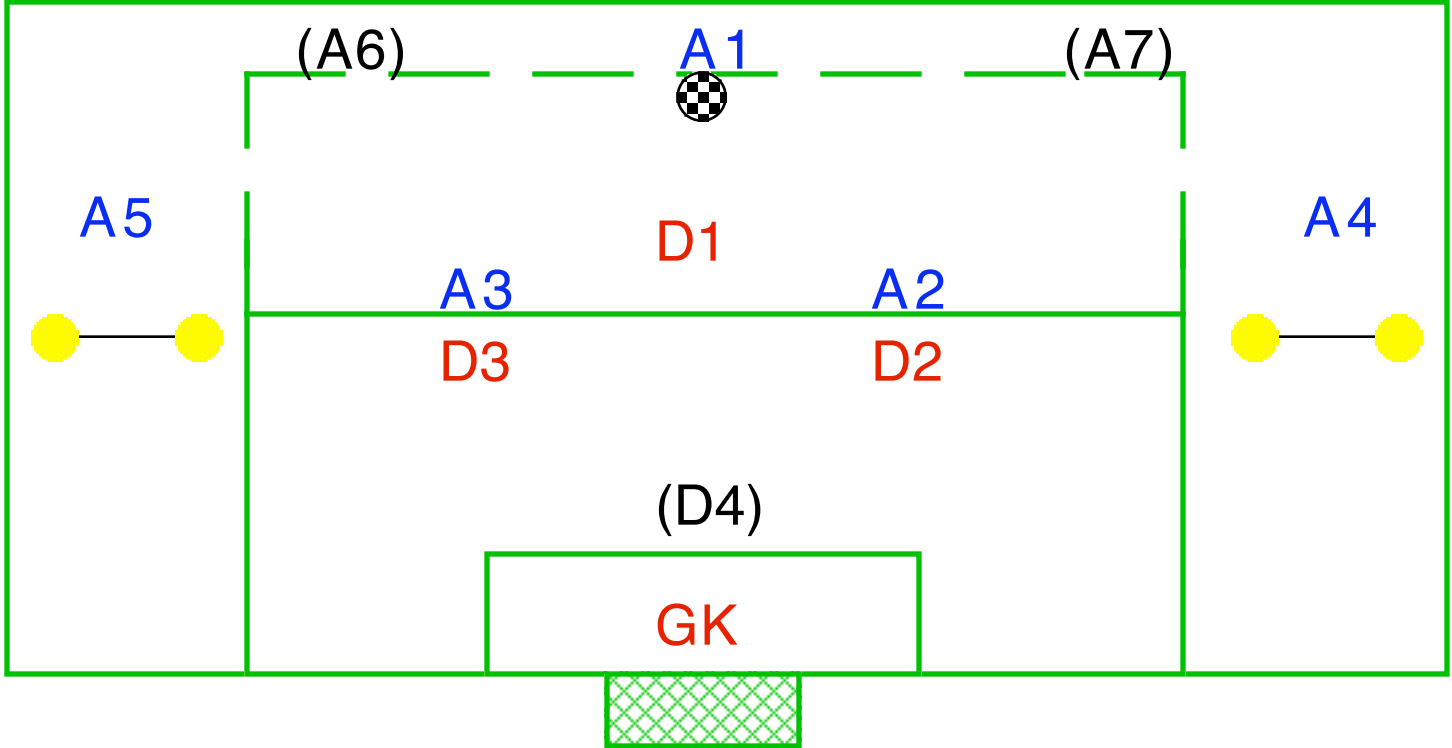


# TACTICS: 5v3 + GK

This drill is designed to teach attacking with numbers, playing wide, crossing & framing the goal



**GRID SIZE:** Width of regulation field x 36 yards (18-yard box extended)

**NUMBER OF PLAYERS:** 5 Attackers vs. 3 Defenders + Goalkeeper

**GOALS:** 1 regulation goal on endline, 2 cone goals outside 18-yard box

**DRILL:**

- > Attackers 2 and 3 are not allowed outside 44x36 area
- > Attackers 4 and 5 are not allowed inside 44x36 area
- > Defenders have no restrictions
- > Attackers attempt to score on regulation goal
- > Defenders attempt to score through cone goals

**Progressions**

- > Add 2 Attackers (A6, A7) + 1 Defender (D4)
- > Allow 1 or 2 Attackers to move without grid restrictions

**COACHING POINTS:**

1. Attacking team should look to play ball wide to Attackers 4 and 5
2. Attacking team needs to take advantage of numbers-up situation
3. Defending team has to remain balanced and make intelligent decisions