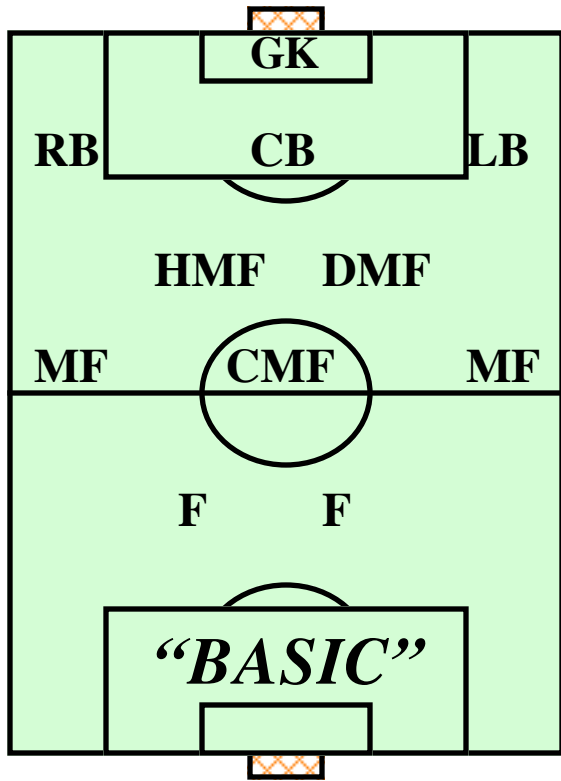


# "3-5-2" Formations



**POSITIONS**

GK  
Goalkeeper

CB  
Center Back

RB  
Right Back

LB  
Left Back

DMF  
Defensive  
Midfielder

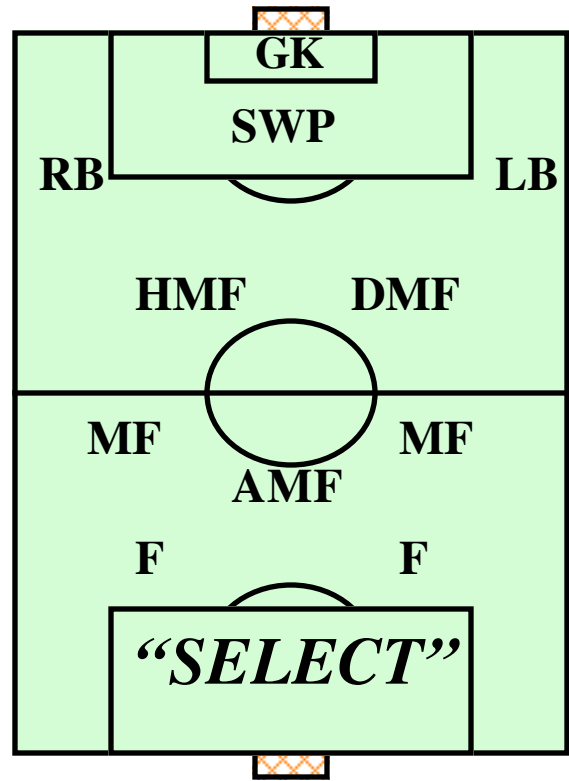
HMF  
Holding  
Midfielder

MF  
Midfielder

CMF  
Center  
Midfielder

AMF  
Attacking  
Midfielder

F  
Forward



**"BASIC 3-5-2"**

**Strengths:** balanced throughout, easy to teach, recommended for U-13s and older  
**Weaknesses:** can be conservative on attack if Holding Mid and Defensive Mid don't move up; could be too much pressure on 3 defenders

**"SELECT 3-5-2"**

**Strengths:** good attacking formation; space on wings for outside backs and HMF and DMF to exploit  
**Weaknesses:** AMF has to mark opposing CMF; can leave too much space on wings

**"ATTACK 3-5-2"**

**Strength:** midfield plays in a 1-3-1 which aids possession in midfield; attack-oriented  
**Weaknesses:** forwards have to play off AMF; wing MFs need to take up space on wings

